

**AGENDA MANAGEMENT SHEET**

**Name of Committee**                      **Adult and Community Services Overview and Scrutiny Committee**  
**Date of Committee**                      **23 February 2011**

**Report Title**                                      Adult Social Care Prevention Strategy

**Summary**                                      This Briefing Note sets out the purpose of the prevention strategy, which is to clearly set out the vision, direction and principles of the approach to delaying the need for those with moderate needs entering the social care system and reducing dependency and need for those already in the system through recovery, rehabilitation and reablement

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**Would the recommended decision be contrary to the Budget and Policy Framework?**                      No.

**Background papers**

**CONSULTATION ALREADY UNDERTAKEN:-**                      Details to be specified

- Other Committees                       .....
- Local Member(s)
- Other Elected Members
- Cabinet Member
- Chief Executive                       .....
- Legal
- Finance                       Chris Norton, Strategic Finance Manager

- Other Chief Officers  .....
- District Councils  .....
- Health Authority  .....
- Police  .....
- Other Bodies/Individuals

**FINAL DECISION YES**

**SUGGESTED NEXT STEPS:**

Details to be specified

- Further consideration by this Committee
- To Council  .....
- To Cabinet  .....
- To an O & S Committee  .....
- To an Area Committee  .....
- Further Consultation  .....

# **Adult Social Care and Health Overview and Scrutiny Committee**

## **Briefing Note – Adult Social Care Prevention Strategy**

**23<sup>rd</sup> February 2011**

### **1. Background**

- 1.1 Developing a strategic response to the Department of Health expectations around prevention as underpinned by the Putting People First agenda is a key component of the current transformation programme within adult social care. The purpose of the prevention strategy will be to clearly set out the vision, direction and principles of the approach to delaying the need for those with moderate needs entering the social care system and reducing dependency and need for those already in the system through recovery, rehabilitation and reablement. Delivering against this strategy will ensure that we are well placed to respond to the needs of our customers and improve their outcomes, whilst also supporting changes in our service model, which respond to the need to reduce costs in both the short and long-term.

### **2. Information and Advice**

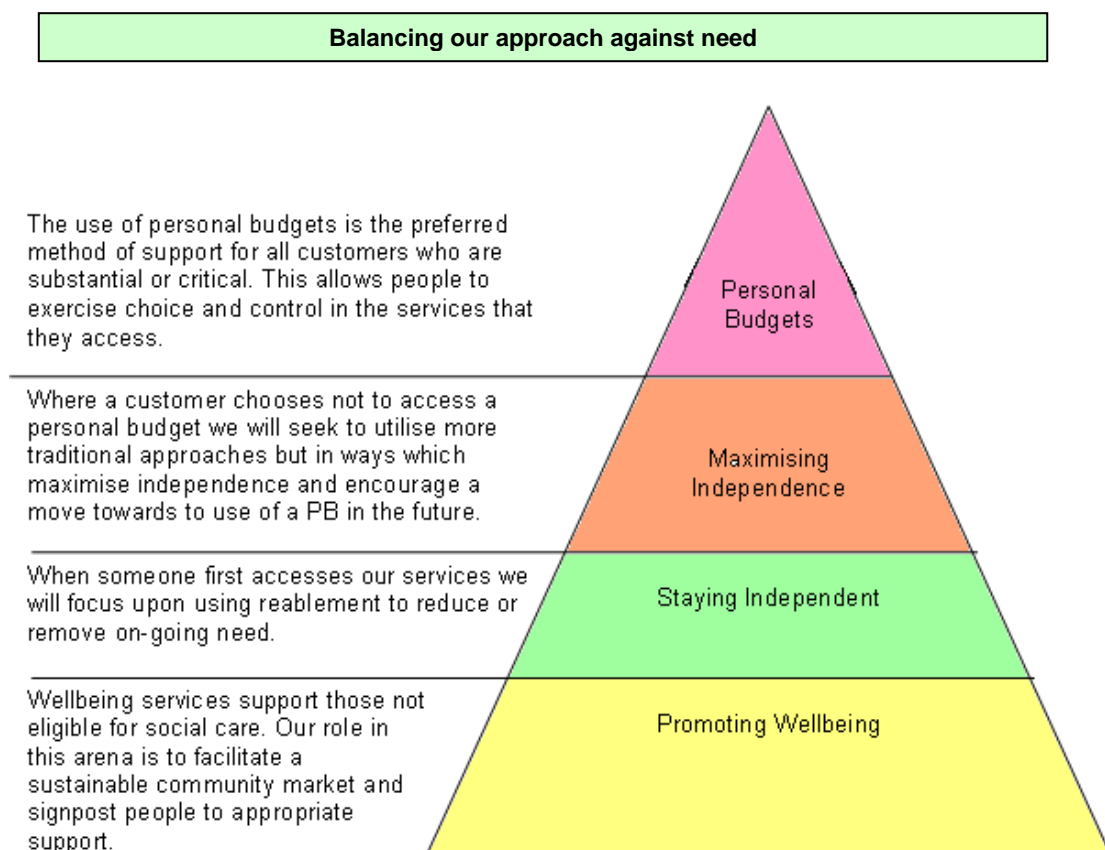
- 2.1 Our strategic approach to prevention will set out the way in which we will promote and protect people's health and wellbeing through recovery, rehabilitation and reablement to support independence and improve quality of life. The wider prevention agenda beyond those in contact with social care is delivered on a cross partnership basis and although we will continue to play a role in this work, our focus is upon working with health colleagues to deal with issues related to our direct customer base. To do this we recognise that our services need to change; they need to be more responsive and focused on new models of provision, particularly in adult social care. This strategy is intrinsically linked to the transformation of adult social care and the move away from traditional services to a more personalised approach and the development of community based alternatives to care. Our work through this strategy will be person centred and provide people with choice and control in the types of care and support that they access, alongside a recognition of the contribution that carers make to the health and social care economy and the support that they require to help them to maintain their caring role for as long as they choose.
- 2.2 In developing the prevention strategy the Directorate is seeking to build upon approaches and activity which is already in place across the County and to respond to the findings of the "Review of Adult Social Care Prevention Services" reported to Cabinet in January 2011. In addition the strategy will confirm and express our commitment to a continued focus on supporting those with "critical" or "substantial" needs through the services that we provide and commission, alongside a tightening of our interpretation of the Fair Access to Care (FACs) criteria in line with decisions taken by Cabinet in July 2010.

We have also taken account of changes in the way that health and social care will be delivered on a national level and the local response to the white paper “Liberating the NHS” is central to the development of our strategic approach to prevention.

- 2.3 The prevention strategy is now in the final stages of its development and will be reported in full to the Adult Social Care & Health Overview and Scrutiny Committee and Cabinet in April and May respectively. The purpose of this briefing note is to identify the principles contained within the strategy and to express the way in which this development work will contribute to the delivery of services across adult social care in the future linked to the transformation agenda.
- 2.4 The current model of adult social care provision in Warwickshire is mainly based upon provision of support when problems arise and this can lead to the creation of a dependency based approach. There is a clear need to strike a balance between delivery of support in a crisis through the use of short term interventions and on-going mechanisms to maintain independence. As part of the transformation programme for adult social care we have recognised the need to provide reactive services where appropriate but to shift our focus more towards services and signposting to community based alternatives which promote health and wellbeing, prevent or limit deterioration and support recovery following a period of crisis. By shifting our approach in this way we can begin to address the key challenges presented by issues associated with an aging population and changes in the social structure which has resulted in reductions in support provided through extended family carer roles.
- 2.5 Clearly the development of this strategy is set against the context of reducing resources and reduction in central government funding for the provision of social care and health services, alongside demographic challenges through the aging population. However, public sector partners within Warwickshire recognise that by changing our model of delivery we will not only be able to respond to this financial pressure but also improve outcomes for customers and carers, by moving towards more personalised approaches to service delivery. Inverting the triangle of care to move away from treatment as the first point of interaction, responds positively to national policy drivers linked to the Putting People First agenda.
- 2.6 In order to focus activity, the strategy is being designed to address services for all adults in Warwickshire supported through adult social care and across health where arrangements overlap. The strategy is designed to cut across all of the client groups within which adult social care hold responsibilities, namely older people, learning disability, physical disability (including sensory impairment), mental health and their carers who:
  - Require or will require access to information, advice and advocacy services
  - Require or are at risk of requiring intensive health or social care support
  - Require or will require low level non social care based support to maximise their independence

Although therefore the range of customers to be supported through this approach is broad, interventions will be targeted and managed in such a way as to ensure that impact is maximised.

2.7 From a delivery perspective the strategy seeks to set out our approach to address support across all levels of need but clearly defines responsibilities which rest directly with adult social care (critical and substantial need), those services which are designed for those on the cusp of accessing social care services (upper moderate needs) and those who would benefit from support outside of the social care arena (moderate and low needs). The following diagram expresses the principles behind this and the way in which our activity is aligned to our strategic approach to the transformation and development of adult social care services.



2.8 In terms of activity delivered and commissioned by the Directorate the strategy will seek to express headline directions against each core area of development, these being:

- Services to promote wellbeing (community based not social care)
- Information, advice and signposting
- Reablement
- Intermediate care
- Long term conditions
- Specialist residential and extra care housing
- Falls prevention
- Telecare and telehealth
- Aids, adaptations and equipment

2.9 The diagram below expresses the impact of activity across the FACs need continuum and the interaction across the four levels of FACs:

Promoting Wellbeing & Staying Independent		Maximising Independence	
Low	Moderate	Substantial	Critical
Healthy Lifestyles			
Vaccination			
Screening			
Falls Prevention			
Aids, Adaptations and practical support			
Information, Advice & Signposting			
	Telecare		
	Intermediate Care		
Low Level Reablement (hospital discharge)		Social Care Reablement	
	Extra Care Housing		
	Long term conditions		

2.10 The approach of the strategy is aligned to and supportive of the ambitions for adult social care expressed within the Corporate Business Plan which is currently being developed through the Partnerships & Performance Unit. As a result delivery against the strategy will be measured and managed through a range of formal channels linked to the corporate performance framework and as part of the governance structure of the adult social care transformation programme.

### 3. Next Steps

3.1 The development of the draft version of the prevention strategy is almost complete. To support the production of a final version the Institute of Public Care (IPC) have been asked to consider the document and the information it contains in the role of a critical friend. A final draft version of the strategy will be developed following consideration of their comments and feedback, which will be made available to the Directorate Leadership Team (DLT) within Adult, Health & Community Services for comment. Following consideration of the document by DLT a final strategy will be presented to Overview & Scrutiny in April for comment and Cabinet in May for consideration and approval.

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